



I am BRAVE

I deserve the best

I AM Grateful

I am confident

I am STRONG



How am I viewing the beginning of this year as a fresh start?

What are some daily affirmations you can say in 2026?

Goals can be small. Set some for yourself in 2026 if you want.

What are your five biggest successes of 2025? RETURN TO THIS PAGE OFTEN IN 2026!

What lessons from last year will I carry into this year?



What are your five biggest disappointments of 2025? Cross this bit out when you are done (or do whatever makes you happy, I take no responsibility for your actions).

Make a rage drawing about 2025. Get it all out.



my hopes, my dreams, my reflections

This zine was made by a Young Adult Librarian at

